Ways to Reuse and Reduce

- 1. If all your wet garbage is composted or washed down the drain with a garbage grinder, use your disposable shopping bags to dispose of non-recyclable dry trash.
- 2. Broken china can be used with some group or cement mortar to make great designs on old lamps or walls.
- 3. Scarred but still usable tables and chairs can be painted with bright colors and used in playrooms.
- 4. Buy items in bulk because they will require less packaging. This, of course, applies to things that will not spoil or become outdated and need to be thrown away.
- 5. Keep durable coffee mugs and cups in your car and at your workplace. Insist that take-out restaurants refill them rather than giving you a disposable container.
- 6. Carry small, flat, plastic bowl with you when you eat at a restaurant so you won't have to use their polystyrene foam containers.
- 7. At the grocery store, take a reusable bag to carry groceries home; try to buy items with less packaging, such as meat and cheese from the deli wrapped in butcher paper.